

'Tox Aftercare

You may start to notice a muscle relaxing effect 3-10 days after your treatment, however it takes 14 days until the full effect has been reached. Results on average last 3-4 months. Any additional touch ups that may be required can be done 2-4 weeks after your appointment.

Please remain upright for 4 hours.

Do small extra contractions of the muscles treated every 20 minutes for the first hour.

When cleansing, avoid pressure and use gentle strokes away from the eyes.

Avoid facial massages or electrical stimulation of the face for the next 2 weeks.

Avoid wearing tight caps or garments in the area that has been injected.

Avoid alcohol and exposure to UV and extreme heat (sauna, steam, sun beds, hot showers, strenuous exercise)